fat/fiber/cal.	Snack	Dinner	Lunch	Breakfast	Blood Glucos Time Inslin Units # Ibs Meds Taken AM - Noon - PM - Bed MEALS	Dav & Date
fat/fiber/cal.	Snack	Dinner	Lunch	Breakfast		Day & Date
fat / fiber / cal.	Snack	Dinner	Lunch	Breakfast	Blood Glucos Time Inslin Units # Ibs Meds Taken AM - Noon - PM - Bed MEALS	Dav & Date
fat / fiber / cal.	Snack	Dinner	Lunch	Breakfast	Blood Glucos Time Inslin Units # Ibs Meds Taken AM - Noon - PM - Bed MEALS	Day & Date

	Snack	Dinner	Lunch	Breakfast			
fat / fiber / cal.					MEALS	# lbs Meds Taken AM - Noon - PM - Bed	Blood Glucos Time Inslin Units
www.damilin.com/forms							Notes for the week
fat / fik	Snack	Dinner	Lunch	Breakfast	MEALS	Med AM	Blood
fat / fiber / cal.					ALS	#lbs Meds Taken AM - Noon - PM - Bed	Day & Date